

# Shannon Rizzo



## Passion

You are passion driven and have purpose. You are making your passion a reality. You have all the tools to get where you want to be when you want to be there. You are your passion!

*Remember*  
the 6- P's for Passion,  
Planning, Projects,  
Pace, Power &  
Progress!



## Planning

Put your work schedule on your google calendar. Put your 15 min morning intentions on your calendar on workdays & Put your 15 min unwind recap on your evening after your workday.



## Projects

Prioritize your projects by outcome needed and by when. Pick the hardest thing to do and do it first! Pack in the most tasks that are menial when you are the most tired. If you need to organize and file – do this on the tired days. Save your best for the fresh days!



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6- P's for Passion, Planning, Projects, Pace, Power & Progress

## Pace

Complete a project in 3 days or less. If it takes longer break into three phases and each phase takes 3 days. You need downtime to be fresh, healthy and keep the pace – PLAN THE DOWNTIME.



## Power

Power comes in practice! – think about when you work out a muscle and are persistent, once it heals how much stronger it is and powerful it service is to you! Mental power to make decisions quickly is a top trait of successful entrepreneurs! You are getting this! Independent Power – trust in yourself. No second guesses. Believe you are meant to do this and you will. You have the “it”!

## Progress

Look at you and revel in the productivity and progress you have over the last 4 weeks!! Review your passion for why you started this! Think about the future progress you can make by simply following the 6 P's!



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